

Temptation In The Desert Of Our Heart
Matthew 4:1-11

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1. After the Lord Jesus Christ had been immersed by John the Baptist in the Jordan River, heaven opened and a voice spoke that said, **“This is My beloved Son in Him I am well pleased.”**
2. It has often been noted in Scripture that Jesus Christ, God’s last Adam, was tempted much like God’s first Adam in the Garden of Eden.
3. There is one universal truth and that is all of us are going to be tempted.
4. This morning, I want us to look at the subject of temptation. I want to first of all talk about the battle that we're waging, and see how temptation is a part of that battle.

I. What Is The Battle We Fight? Matthew 4:3

- A. For Jesus it was the temptation of the shortcut.
- B. The apostle Paul talks about our own battle that we fight as Christians in **Ephesians 6:11-12.**

II. Temptation is a Constant Struggle. Luke 4:13

- A. This was not the only time Jesus would be tempted.
 1. **(Hebrews 4:14-15; Hebrews 2:18)**
- B. So now we are in this battle.
 1. James has much to say about temptation in **James 1:13-15.**
- C. We've all been tempted, so we know what that desire is like.

III. We Can Resist Temptation.

- A. Jesus made His decision about temptation.
- B. We can have the same victory over temptation in our lives.
- C. So how do we gain the strength to overcome temptation?
 1. First, spend more time with the Word of God. **(Psalm 119:11)**
 2. Second, pray. **(Matthew 26:41)**
 3. Third, we need to make a conscious effort to resist temptation. **(1 Corinthians 10:13)**